



Sheep River Ramblers Hiking Club

Membership Request

Name: _____

Mailing Address: _____

Email Address: _____


Phone Number(s): Home: _____ Mobile: _____

Date: _____

Emergency Contact: Name: _____ Phone: _____

Check the option below that best describes your hiking ability.

<input type="checkbox"/>	Easy	~3-4 km return trip with almost no elevation gain; more of a walk than a hike
<input type="checkbox"/>	Beginner	3-6 km return trip with some gentle elevation gain under 300m
<input type="checkbox"/>	Intermediate	from 4-5 km to 14-15 km return trip with moderate (~300-400m) elevation gain
<input type="checkbox"/>	Advanced	Usually over 15 km return trip with higher than 400m elevation gain; may involve "scary" sections – scree, bouldering, steep climbs, etc.

- I would like to receive emails from the Sheep River Ramblers Hiking Club
- I have signed and enclosed the Release of Liability Waiver Form
-  If you are a Facebook user, search for "Sheep River Ramblers Hiking Club" and request to join.

Please note any relevant health concerns (e.g., asthma, allergy, diabetes, hip replacement, heart problems, etc.) that your Hike Facilitator should be aware of? Also, your option to add other comments.

Comments: _____

If possible, scan and email your completed form and waivers to info@sheepriverramblers.ca.

You can also mail to: SRRHC, PO Box 534, Okotoks, AB T1S 1A7.

You can also give these to your hike facilitator on your first Rambler outing.